Yorkshire Karate Academy Club Policy

Our Expectations:

- All those interacting within the YKA are expected to be positive, enthusiastic and conscious of their role in helping to create an atmosphere of fun and excitement, engendering a 'can do' spirit in all
- Staff and instructors should be treated with respect by all, at all times, as they are there to help
- The facility and all equipment provided should be treated respectfully and looked after to ensure its continued availability for use. Equipment used and worn in the Academy will be subject to inspection and approval by the chief instructor before use
- Students and parents should be treated with respect by all, at all times, as they are there to learn and facilitate the learning of younger students.
- The instructors, parents and students that come into our Academy do not gossip about other students, parents or instructors at any time
- The instructors, parents and students that come into our Academy do not carry bad feeling towards others within the Academy
- Any complaints shall be dealt with using the Academy's complaints procedure, please speak to your instructor for further information
- Dress codes within the Academy will be adhered to by all instructors and students alike
- Cleanliness is a pre requisite for training in our Academy. Personal hygiene standards are expected to be high and uniforms are also expected to be clean at the beginning of all classes. Fingernails and toenails must be short, long hair tied back and no jewellery can be worn
- Instructors, students and parents of students in our Academy are positive, enthusiastic, caring individuals that combine to make our school a centre for enjoyment and development in our community.

Benefits of Karate:

There is often a misconception, particularly where someone shows potentially violent tendencies, that teaching them a martial art will make them more violent. In fact, our experience has shown that Karate has the opposite effect. Through our structured teaching method, people have a safe outlet for their physical exuberance and work to develop self-control, helping them to manage fear, anger and frustration. They develop a respect for their own body as well as for others and can master the art of relaxation and breath control.

As a member of Yorkshire Karate Academy, you are expected to abide by the following code of practice:

1. All members must play within the rules and respect officials and their decisions

2. All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity
3. Members should keep to agreed timings for training and competitions or inform their coach prior to their class, if they are going to be late
4. Members must wear suitable kit to classes as defined from time to time by the Chief Instructor for training and match sessions, as agreed with the coach/team manager
5. Members must pay any fees for training or events promptly
6. Members are not allowed to smoke on club premises or whilst representing the club at any event
7. Members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club
8. Members are not allowed to bring hot food into the centre whilst classes are going on
9. If a member is late to class, they must wait at the edge of the hall, until invited by the coach to join in at a suitable opening

We encourage Parents/Guardians to become more involved in your child's training, to understand what they are doing and to help them in their practice.

- Encourage your child to learn the rules and work within them
- Discourage unfair play and arguing with coaches
- Respect the rights, dignity and worth of all participants/coaches/staff/parents and carers regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity
- Help your child to recognise good performance, not just results
- Never force your child to take part in a Martial Art
- Set a good example by recognising fair play and applauding the good performances of all
- Never punish or belittle a child for losing or making mistakes
- Publicly accept officials' and coaches' judgements
- Support your child's involvement and help them to enjoy their Martial Art
- Use correct and proper language at all times
- Leave the coaching to the coaches
- Don't come onto the mats uninvited
- Please make sure mobile phones are turned off during your child's session
- Noise in the waiting area distracts from the class in progress both for the coaches and also for the participants, please keep conversation low and if younger children become too noisy, please take them out of the room
- Accompanying children must be supervised at all times and not left unattended.
- Please drop off and collect your child in a timely manner
- Younger children must be escorted between the centre and your car.

Our Responsibility

- YKA coaches should be a minimum of 18yrs of age and have a minimum of 1st Dan / Degree.
- YKA Coaches are responsible for the observation of the principles embodied in this Code of Ethics.
- Coaches must respect the rights, dignity and worth of every human being and their ultimate right to self-determination. Coaches must treat everyone equally, within the context of their activity and ability, regardless of gender, ethnic origin, cultural background, sexual orientation, religion or political persuasion.